

# JUNE SCHEDULE

**No Membership Dues**  
**Small group sessions**  
**Personalized Attention!**  
**Limit 6 per yoga class**

Store Opens at 9:00 a.m. Fri & Sat, Open at 10:00 am Sunday June & July

Yoga Instructor: Susan Hunter who holds 200 E-RYT and 500 RYT Yoga Alliance Certifications, and specializes in therapeutic yoga, creating a unique blend of the most helpful practices for your benefit and enjoyment.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO CLASSES JULY & AUGUST RESUME CLASSES SEPTEMBER 4TH					1	2
3	4 NO MEDITATION CLASSES RESUME SEPT 10TH	5 Kundalini & Yin 7:30 am GAroma & Restore 6 pm	6 Shakti Wheel 6 pm	7	8	9
10	11	12 Kundalini & Yin 7:30 am Aroma & Restore 6 pm	13 Shakti Wheel 6 pm	14	15	16
17	18	19 Kundalini & Yin 7:30 am Aroma & Restore 6 pm	20 Shakti Wheel 6 pm	21	22	23
24	25	26 Kundalini & Yin 7:30 am Aroma & Restore 6 pm	27 Shakti Wheel 6 pm	28	29	30