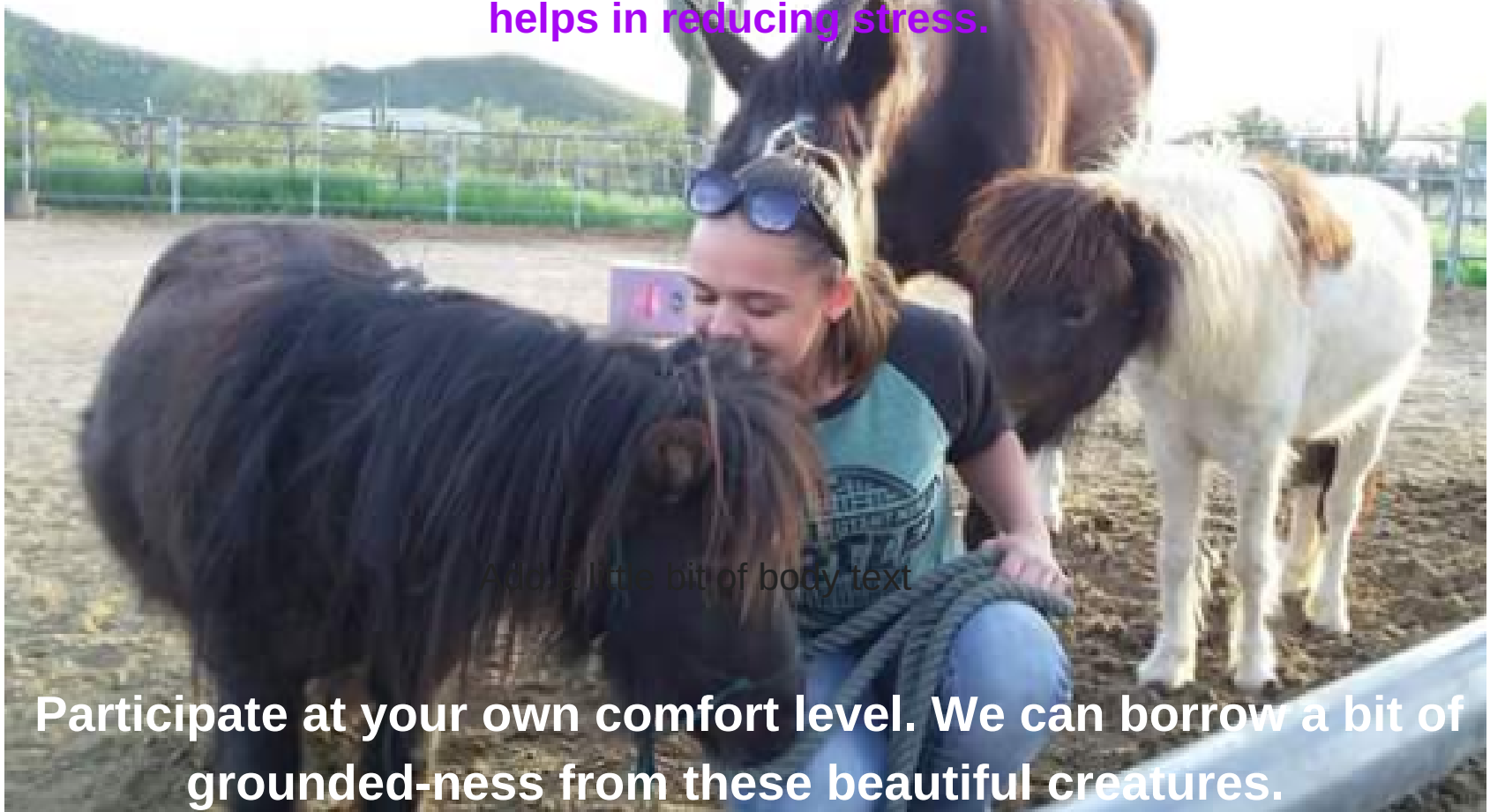


Yes, it is as fun as it sounds. It is a remarkably, organic experience and helps in reducing stress.



Add a little bit of body text

Participate at your own comfort level. We can borrow a bit of grounded-ness from these beautiful creatures.

Waves to Ripples & At the Center of You

Mini Horse Meditation on March 25th

Register by 3/20 at www.wavestoripples.org, or 928-514-0287

Individual \$15 / Couple \$20